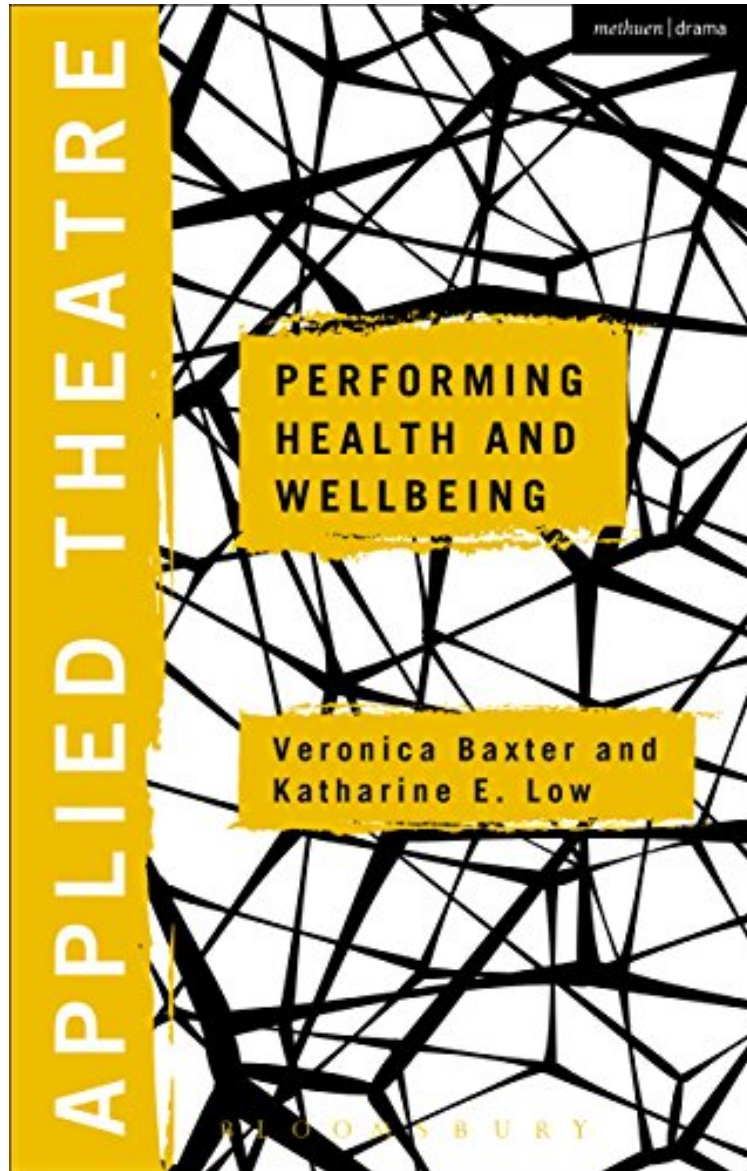


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Applied Theatre: Performing Health and Wellbeing

Veronica Baxter, Katharine E. Low
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Veronica Baxter, Katharine E. Low : Applied Theatre: Performing Health and Wellbeing before purchasing it in order to gauge whether or not it would be worth my time, and all praised Applied Theatre: Performing Health and Wellbeing:

Applied Theatre: Performing Health and Wellbeing is the first volume in the field to address the role that theatre,

drama and performance have in relation to promoting, developing and sustaining health and wellbeing in diverse communities. Challenging concepts and understanding of health, wellbeing and illness, it offers insight into different approaches to major health issues through applied performance. With a strong emphasis on the artistry involved in performance-based health responses, situated within a history of the field of practice, the volume is divided into two sections: Part One examines some of the key questions around research and practice in applied performance in health and wellbeing, specifically addressing the different regional challenges that dominate the provision of health care and influence wellbeing: how the ageing population of the global north creates pressure on lifetime healthcare provision, while the global south is dominated by a higher birth rate and a larger population under 15 years old. Part Two comprises case studies and interviews from international practitioners that reflect the diversity of practices across the world and in particular differences between work in the northern and southern hemispheres. These case studies include a sanitation project in a Hmong refugee camp in Thailand in the 1980s, and the sanitation and rural development projects initiated by the travelling theatre troupes of a number of University theatre departments in Africa ndash; Makerere in Kampala, Uganda; Botswana; Lesotho and Dar es Salaam, Tanzania ndash; which began in the 1960s. It considers the emergence of Theatre for Development's use as a health approach, considering the work of Laedza Batanani and the influences of Augusto Boal's Theatre of the Oppressed.

About the Author Katharine E. Low is a lecturer in Applied Theatre and Community Performance at the Royal Central School of Speech and Drama, University of London, UK. She has previously researched and facilitated practice in Tanzania and South Africa with specific reference to sexual health and local responses to HIV/AIDS prevention, as well as working with HIV+ refugee women in Manchester. Dr Veronica Baxter is the convenor of the Honours programme and the Masters in Applied Theatre at the University of Cape Town, South Africa, and has taught at South African and English universities for 25 years, focusing on applied theatre and drama, directing, theatre history and South African theatre.