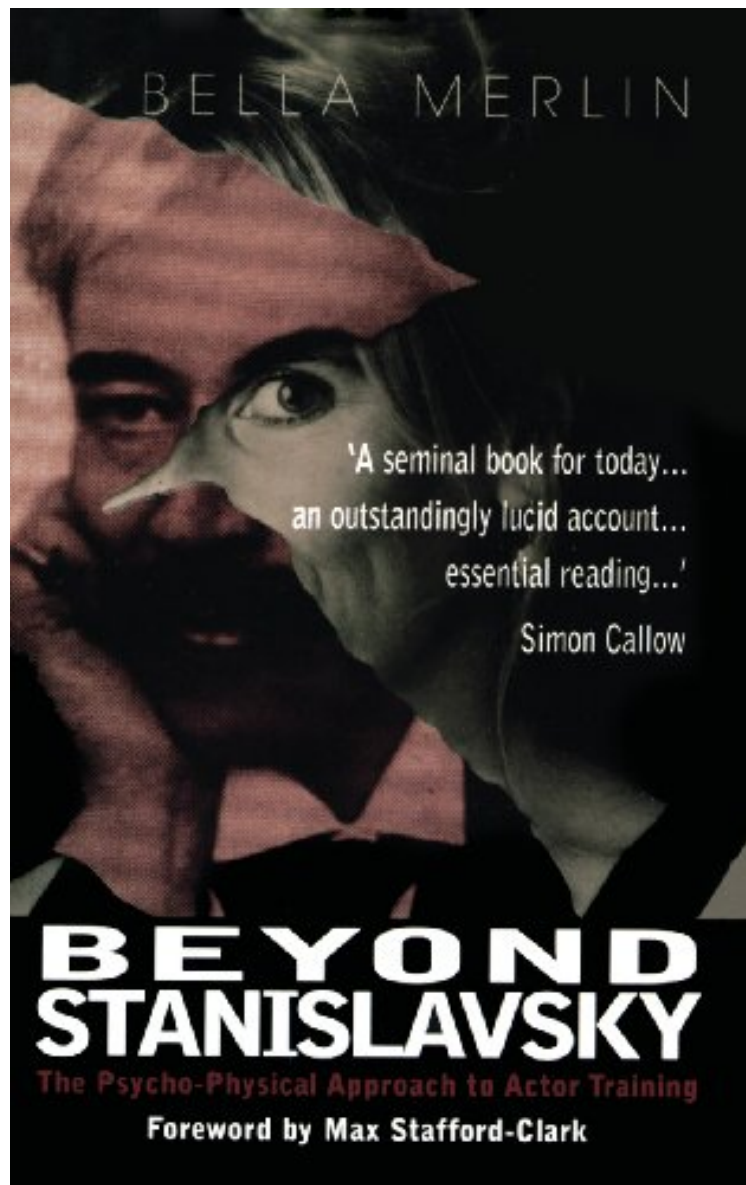


[Pdf free] Beyond Stanislavsky: A Psycho-Physical Approach to Actor Training (Theatre Arts (Routledge Hardcover))

Beyond Stanislavsky: A Psycho-Physical Approach to Actor Training (Theatre Arts (Routledge Hardcover))

Bella Merlin

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Beyond Stanislavsky takes the reader through a course in the new system, complete with exercises. Infused with the author's personal experience this is never a set of dry instructions, but a vital engagement with Stanislavsky's mature ideas on actor training.

"Her book is a lucid and detailed account...(that) offers a clearly written practical guide to its subject. Both teachers and students will benefit because Merlin's approach is neither prescriptive nor dogmatic...a sharing of experience and crucial insights into what can be gained from undertaking a rigorous programme of well-focused exercises. This is a provocative, inspirig and engrossing account of one actor's geographical, psychological and professional voyage of discovery. Aleks Sierz, *New Theatre Quarterly*, Spring 2002."About the AuthorBella Merlin is a professional actor and a teacher of actor-training, principally at the University of Birmingham. She promotes regular Summer Schools in psycho-physical acting featuring Russian practitioners.