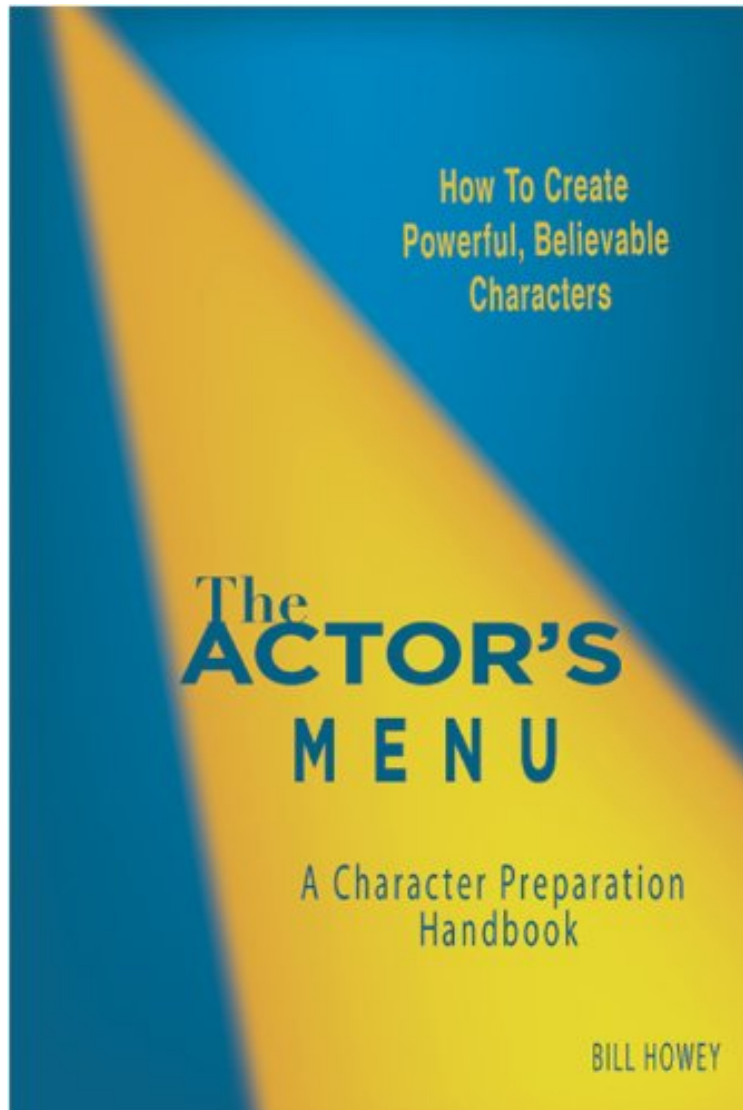


[Ebook free] The Actor's Menu: A Character Preparation Handbook

The Actor's Menu: A Character Preparation Handbook

Bill Howey

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Bill Howey : The Actor's Menu: A Character Preparation Handbook before purchasing it in order to gage whether or not it would be worth my time, and all praised The Actor's Menu: A Character Preparation Handbook:

1 of 3 people found the following review helpful. Confusing to readBy Shep SlaterReading this book is confusing. The author gives these examples in a run on sentence format. There is really no need for chapters since the exaples just run into each other chapter after chapter. After a couple of chapters I started daydreaming. Had no idea what I had read and no curiosity for what was to come. The book needs to be re-written and put some punctuation after examples then an explanation of the examples would be helpful. It's back to the drawing board for the book. Avoid it.0 of 0 people found the following review helpful. A Tasty and Nutritious Text For ActorsBy Andy Garrison, Actor Training

StudioAs an acting coach, I'm always looking for the clearest, most jargon-free way to help actors find their way to their most personal work. The Actor's Menu is imminently practical and so always useable. From the questionnaire at the front of the book through the end, Bill Howey helps the actor talk to him- or herself genuinely and effectively, without any BS. The litmus test always comes back to whether the actor was able to bring themselves fully into their work. The result from a watcher's point of view is acting that touches us and is compelling to watch. I've recommended The Actor's Menu to all of my actors and it's provided us with a framework for communicating that's helped me teach and helped them learn. That's what you need a book to do. 1 of 1 people found the following review helpful. Working with this book really helps improve your acting. By John Ashton This is one of the most unique and helpful books I've ever read on the art and craft of acting. It has great insight and very useful advice on the process of becoming a character. This guy writes with a clarity and directness you don't often find in acting books. I've recommended this book to new actors and experienced pros looking for fresh approaches. Some of the material on personal traits that get in the way of good acting is especially helpful to get out of ruts and take the next step up in exercising your talent. I've been re-reading sections of the book lately to help me with auditions, and with my work on a character in an Albee play I just got cast in.

Whether new to the business or a seasoned professional, this handbook provides actors with a personal, active approach to discovering and developing their talent. Beginning with appetizers and ending with desserts, actors learn how to prepare a character in the same way that a master chef chooses the most complementary dishes for a feast. From typecasting to reinventing a character's story, actors discover the key ingredients that will enable them to use their own unique qualities and emotions to develop strong, believable characters that people are interested in watching. How to identify and resolve problems such as hidden agendas that can disable an actor's work; distinguish between perception, feeling, and emotions; and find lasting sources of inspiration are among the issues explored. The importance of imagination, words, and story as well as the difference between intellectual and visceral choices (and the impact of each) are also discussed.