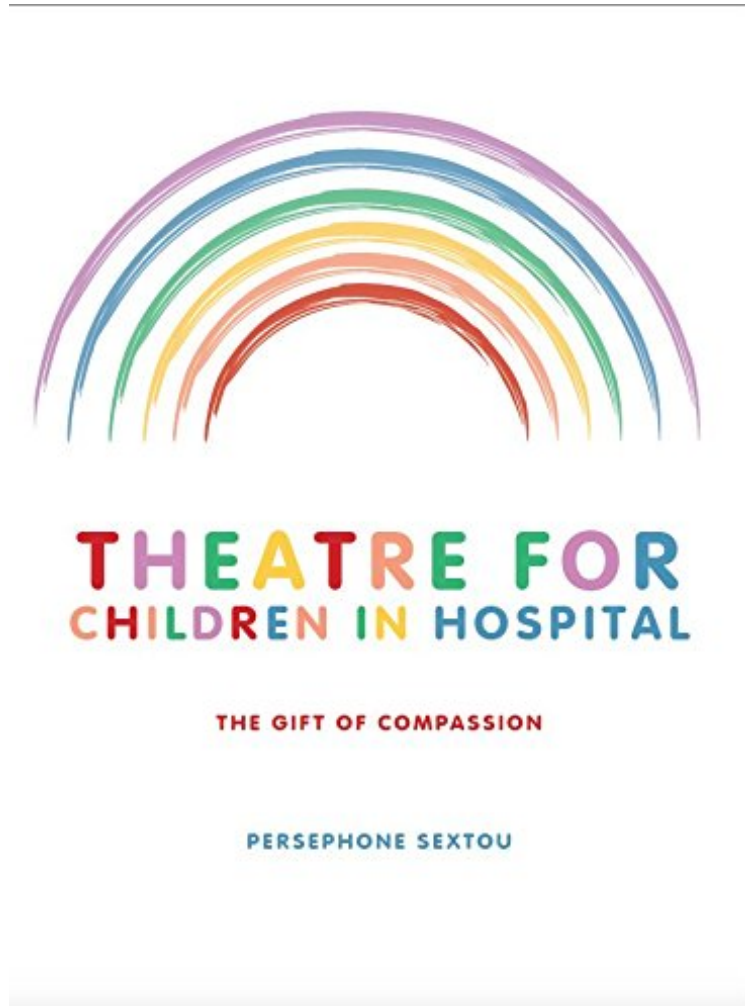


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## Theatre for Children in Hospital: The Gift of Compassion

*Persephone Sextou*

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Recent decades have seen a new appreciation develop for Applied Theatre and the role of art in arts-based activities in healthcare. This book looks specifically at the place of theatre for children who are hospitalized, showing how powerfully it can enhance their social and mental well-being. Child-led performances, for example, can be used as a technique to distract young patients from hospitalization, prepare them for painful procedures, and teach them calming techniques to control their own pre- or post-operative stress. Persephone Sextou details the key theoretical contexts and practical features of theatre for, children, in the process offering motivation, guidance and inspiration for

practitioners who want to incorporate performance into their treatment regimen.

About the Author Persephone Sexton is a reader in applied theater and research director of the Community and Applied Drama Laboratory at Newman University, Birmingham, UK. nbsp;