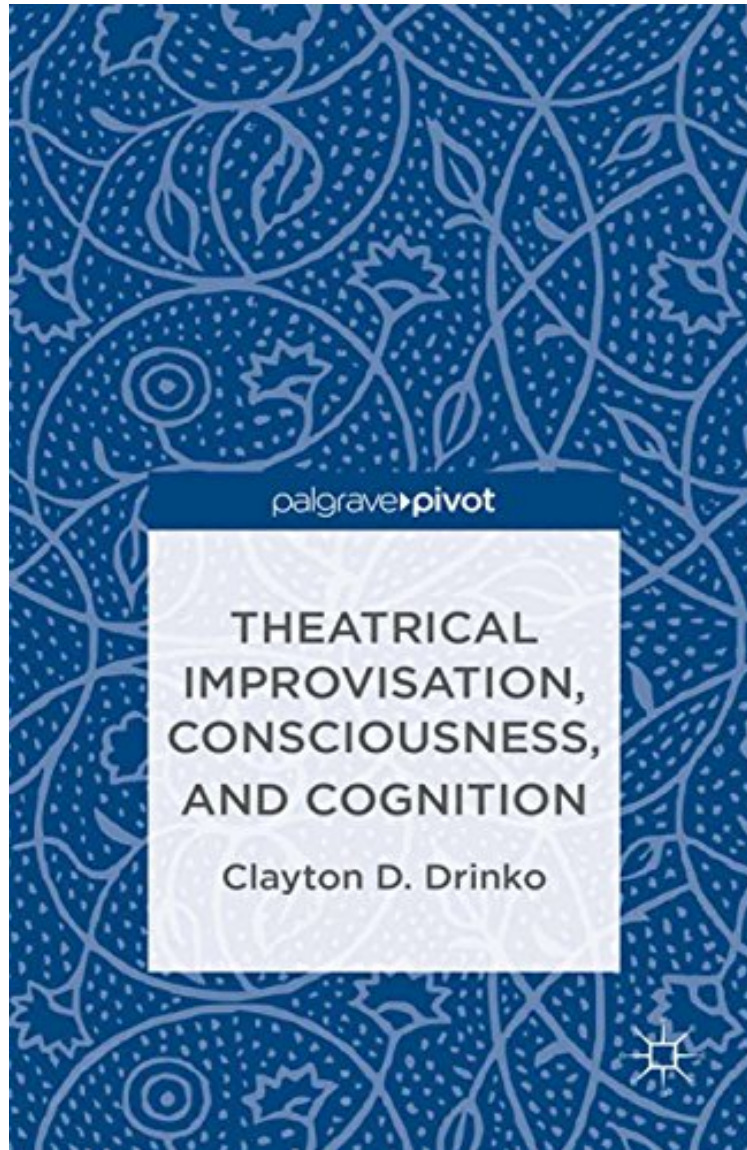


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# Theatrical Improvisation, Consciousness, and Cognition

*C. Drinko*

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**C. Drinko : Theatrical Improvisation, Consciousness, and Cognition** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Theatrical Improvisation, Consciousness, and Cognition:

2 of 2 people found the following review helpful. Brilliant!!By R. RobergI loved this book. The topic is fascinating, half art half science. Brilliantly exploring the world of improvisational performance and theater games while examining the brain science involved, as well as bringing the practices into aspects of every day life and work. Sometimes densely packed with past studies and innovators in the field, but always enjoyable. The author obviously comes from a place of expert knowledge of theater as well as academia, and his style is relaxed, funny and very clear

and intelligent throughout. I'm sure this book will be part of this theatrical tradition's growing literature.

Improvisation teachers have long known that the human mind could be trained to be effortlessly spontaneous and intuitive. Drinko explores what these improvisation teachers knew about improvisation's effects on consciousness and cognition and compares these theories to current findings in cognitive neuroscience, psychology, and philosophy.

"I found this work to be fascinating and, as an improviser, intuitive and affirming (which is, ultimately, one of the conclusions of the book). While there are many books on improv and many books on the 'mind/thinking/consciousness/how-humans-learn' there aren't many that link these two areas of scholarship. This book fills that gap." - Jeanne Leep, Professor of Theatre Arts, Edgewood College, USA and author of *Theatrical Improvisation: Short Form, Long Form, and Sketch-Based Improv* About the Author Clayton D. Drinko is Instructor in the Department of Drama and Dance at Tufts University, USA.