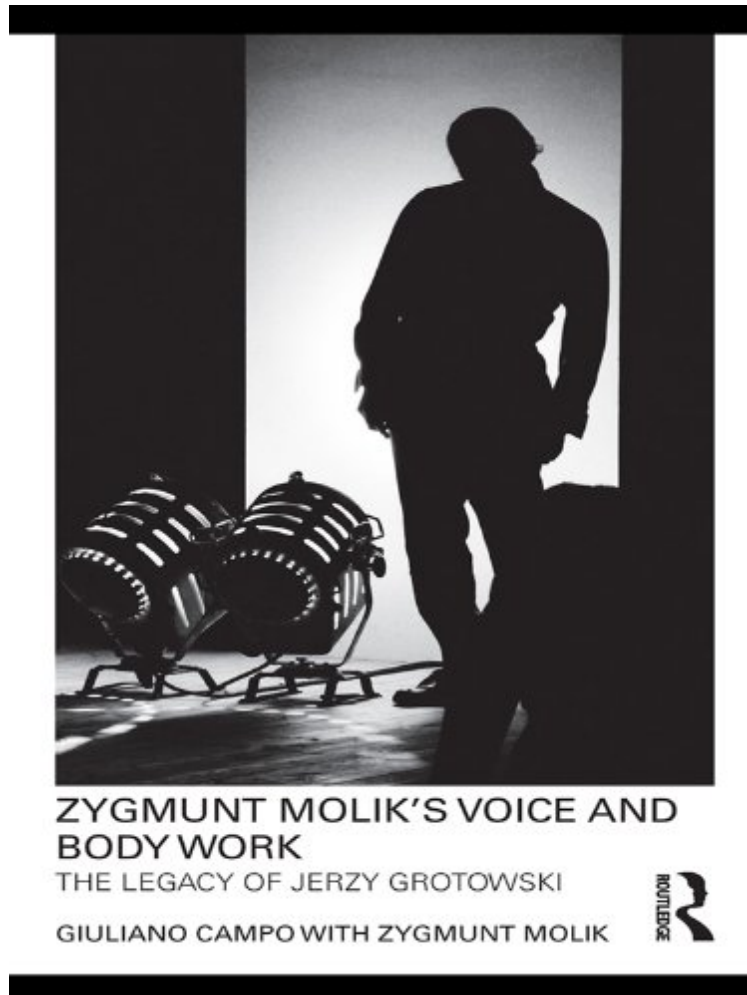


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Zygmunt Molik's Voice and Body Work: The Legacy of Jerzy Grotowski

Giuliano Campo, Zygmunt Molik

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Giuliano Campo, Zygmunt Molik : Zygmunt Molik's Voice and Body Work: The Legacy of Jerzy Grotowski before purchasing it in order to gauge whether or not it would be worth my time, and all praised Zygmunt Molik's Voice and Body Work: The Legacy of Jerzy Grotowski:

One of the original members of Jerzy Grotowski's acting company, Zygmunt Molik's Voice and Body Work explores the unique development of voice and body exercises throughout his career in actor training. This book, constructed from conversations between Molik and author Giuliano Campo, provides a fascinating insight into the methodology of this practitioner and teacher, and focuses on his 'Body Alphabet' system for actors, allowing them to combine both voice and body in their preparatory process. The book is accompanied by a DVD

containing the films *Dyrygent* (2006), which illustrates Molik's working methods, *Acting Therapy* (1976), exploring his role in the Theatre of Participation, and *Zygmunt Molik's Body Alphabet* (2009). It also includes an extensive photo gallery documenting Zygmunt Molik's life and work.